

# NYU TGS CARE WORKSHOPS

We offer workshops covering a wide range of topics related to healthy early childhood development.

## WORKSHOP TOPICS

### Early Childhood Development and Education

- 4-part Ready for Kindergarten Series
- Supporting Children's Language Development
- Raising Multilingual Kids
- The Power of Play
- Fostering Independence
- Supporting Young Children's Development of Social Emotional Skills

### Health and Safety

- Infant / Toddler Nutrition
- Independent Sleep & Strategies
- Strategies for Food Battles & Picky Eaters

### Parenting Skills & Family Dynamics

- Responsive Parenting and Positive Discipline
- Helping Children with Anxiety and Worry
- Strategies on Sibling Dynamics and Conflict Resolution
- A Child's Toolkit to Selfcare and Staying Calm

### Workshops with External Partners

- Kindergarten IEP Workshop (with AFC)\*
- Kindergarten Application Workshop (with AFC)\*
- 3K and Pre-K Application Workshop (with DOE)\*
- Baby Sleep workshop\*
- Oral Health of Newborns and Infants Workshop\*
- Know your rights\*
- Intimate domestic violence \*
- Screen Time Management\*
- Cybersecurity Workshop\*
- Zoom Conferencing and E-mail Threads Workshop\*
- Safe Cooking Workshop (by DOH)\*
- Healthy Home Workshop (by DOH)\*
- 12-week parenting series (by ParentCorps) (once a week)\*
- ROSE postpartum mental health group\*

Workshops marked with \* indicate offerings previously hosted by Together Growing Strong (TGS) in collaboration with external presenters. If you are interested in any of these offerings, we can reach out to our collaborating partners to explore the possibility of presenting these for your audience.